

COMPENDIUM  
**2013**

# Delivering Quality with Distinction

## 2013 Quality Excellence Achievement Awards

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Recognizing Illinois  
Hospitals and  
Health Systems  
Leading in Quality,  
Innovative and  
Transformative  
Health Care





Delivering Quality with Distinction

## Overview

The Illinois Hospital Association (IHA) Institute for Innovations in Care and Quality's (The Institute) third annual Quality Excellence Achievement Awards—*Delivering Quality with Distinction*—celebrates Illinois hospitals and health systems' transformational achievements utilizing the Institute for Healthcare Improvement's Triple Aim philosophy:

- Enhancing the patient experience;
- Improving population health; and
- Reducing health care costs.

Building upon previous years, 104 projects from 57 hospitals and health systems were submitted this year. IHA appreciates the expertise and commitment demonstrated by our members as well as our judging panel of 29 nationally-recognized quality improvement leaders, who carefully reviewed and scored each application. This year, three awards were presented, one in each of the following categories: Health Care System, Rural/Critical Access Hospital, and Urban Hospital.

To share these initiatives among members, The Institute has published this compendium that provides a synopsis of all project entries along with contact information for additional details. The compendium receives national exposure by being featured annually on the [Hospitals in Pursuit of Excellence \(HPOE\)](http://www.hospitalsinpursuitofexcellence.org), an AHA affiliate, website.





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# CALL FOR ENTRIES

## Opens Spring 2014

Be sure to watch for this opportunity to be recognized and celebrated for your hospital's achievements in advancing patient care.

### AWARD CATEGORIES

- Health Care System
- Rural/Critical Access
- Urban

### New in 2014: The Tim Philipp Award

A passionate advocate for quality improvement and patient-centered care, Tim Philipp, who died in May 2013 after a long battle with cancer, spearheaded the work of IHA's Quality Awards. His work was greatly influenced by his unique perspective as a nurse, teacher and cancer patient. The *Tim Philipp Award for Excellence in Palliative Care* will honor excellence and innovation in palliative care.



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## Care Coordination: Patient-Centered Care Initiatives

**Project Title:** Sustained Nutritional Improvement in Pediatric Cystic Fibrosis (CF) Patients

**Hospital/System:** Ann & Robert H. Lurie Children's Hospital of Chicago, Chicago

**Summary:** A body mass index at or above the 50th percentile is associated with better lung function and survival in children with CF. A long-term quality improvement effort has led to superior nutrition at the Children's Hospital CF Center. The hospital joined an improvement collaborative, funded by the Cystic Fibrosis Foundation, from 2002-2004 and implemented consensus conference recommendations through process improvements.

Plan Do Study Act cycles and frequent data review have continued since 2004, such as updating algorithms when a new guideline was published. It saw significant improvement in nutrition during and after the collaborative (supplemental data). While improvement seen during short term collaboratives can "drift", long term success is due to training team members in QI methods, regular data review, leadership development, and patient and family involvement. These strategies can be widely applied in health care micro-systems caring for chronic illness populations.

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